

PROGRAMME – PHYSICIANS

FRIDAY 15. 3. 2024

8.00 – 8.30	PARTICIPANT REGISTRATION	
	CENTRAL SLEEP APNOEA	
	Pathophysiology of central sleep apnoea	Boštjan Rituper
8.30 – 10.00	Central sleep apnoea - when is treatment needed?	Kristina Zihlerl
	Treatment-emergent central sleep apnoea	Winfried J. Randerath
	New insights on ASV therapy	Winfried J. Randerath
	Discussion	
10.00 - 10.30	COFFEE BREAK	
10.30 – 11.15	INTERACTIVE WORKSHOP	
	Rules for the scoring of respiratory events	Kristina Zihlerl
	WORKSHOPS	
11.15 – 13.00	Tracheostomy cannula - all you need to know	Irena Šarc, Grega Kragelj
	Diagnostic respiratory polygraphy	Adriana Jurjevec, Brigita Čadež
	Scoring of respiratory events - individual	Iris Gramc, Mateja Vevar Mali
13.00 – 14. 00	LUNCH BREAK	
	TELEMEDICINE AND SLEEP-RELATED BREATHING DISORDERS	
	Telemedicine in the diagnosis of sleep apnoea	TBA
14.00 – 15.30	ERS Clinical Practice Guidelines on telemedicine in home mechanical ventilation	Claudia Crimi
	Telemonitoring of COPD patients on home NIV	Irena Šarc
	Diagnosing OSA with the Assistance of Consumer Devices	Matej Delakorda
	Discussion	
15.30 – 16.00	COFFEE BREAK	
16.00 – 17.00	INTERESTING CLINICAL CASES I	
17.00 – 18.30	REGULAR SLEEP FOR A HEALTHY FUTURE	
	Circadian Rhythms in Humans	Leja Dolenc Grošelj
	Disordered Sleep and its Impact on Health	Kristina Zihlerl
	COMISA - Insomnia and OSA	Jasmina Gabrijelčič
	Healthy Sleep - Non-Pharmacological Measures	Vita Štukovnik
	Discussion	
19.00	WELCOME RECEPTION	

SATURDAY 16.3.2024

SLEEP-RELATED BREATHING DISORDERS AND OTHER DISEASES	
8.30 – 9.30	Heart Failure and OSA - Arch Nemesis Ivan Čekerevac
	Cardiac Rhythm Disorders and OSA Andrej Pernat
	The intersection of obstructive lung disease and sleep apnoea Irena Šarc
	Relationship between OSA and dementia Zvezdan Pirtošek
	OSA and cancer Aleš Rozman
	Discussion
9.30 – 10.30	INTERESTING CLINICAL CASES II
10.30 - 10.50	COFFEE BREAK
MANAGEMENT OF SLEEP APNOEA IN THE REGION	
10.50 – 12.00	TBA TBA
	Croatia TBA
	Serbia Marija Vukoja
	Slovenia Matjaž Fležar
	Discussion
ADVANCEMENTS IN THE TREATMENT OF OSA	
11.15 – 13.00	New Parameters for Assessing OSA Kristina Zihlerl
	Multidisciplinary Approach to OSA Treatment Vojko Didanović
	Pharmacotherapy in the Treatment of OSA Tina Morgan
	Discussion
13.00	CONCLUSION OF THE MEETING

PROGRAMME – HEALTHCARE TECHNICIANS

FRIDAY 15. 3. 2024

8.00 – 8.30	PARTICIPANT REGISTRATION	
	DIAGNOSING SLEEP-RELATED BREATHING DISORDERS	
	Short- and Long-Term Consequences of Untreated OSA	Simona Slaček
8.30 – 10.00	Diagnostic Respiratory Polygraphy - When, for Whom, and How?	Anja Žargaj
	Technical Adequacy of Diagnostic Studies	Iris Gramc
	Patient Education on Sleep-Related Breathing Disorders	Mateja Vevar Mali
	Discussion	
10.00 - 10.30	COFFEE BREAK	
10.30 – 11.15	INTERACTIVE WORKSHOP	
	Rules for the scoring of respiratory events	Kristina Zihlerl
	WORKSHOPS	
11.15 – 13.00	Tracheostomy cannula - all you need to know	Irena Šarc, Grega Kragelj
	Diagnostic respiratory polygraphy	Adriana Jurjevec, Brigita Čadež
	Scoring of respiratory events - individual	Iris Gramc, Mateja Vevar Mali
13.00 – 14.00	LUNCH BREAK	
	TREATMENT OF SLEEP-RELATED BREATHING DISORDERS	
	Initiating CPAP Therapy - Tips and Tricks	Irma Rozman Sinur
14.00 – 15.30	CPAP, BIPAP, or NIV - Understanding the Differences	Tomaž Hafner
	Follow-up of Patients on PAP Therapy	Jasmina Dimitrijevec Golež
	Non-CPAP therapy for obstructive sleep apnoea – Recommendations from the ERS	Jurij Regvat
	Discussion	
15.30 – 16.00	COFFEE BREAK	
16.00 – 17.00	WORKSHOPS	
	Diagnostic respiratory polygraphy	Adriana Jurjevec, Brigita Čadež
	Scoring of respiratory events - individual	Iris Gramc, Mateja Vevar Mali
17.00 – 18.30	REGULAR SLEEP FOR A HEALTHY FUTURE	
	Circadian Rhythms in Humans	Leja Dolenc Grošelj
	Disordered Sleep and its Impact on Health	Kristina Zihlerl
	COMISA - Insomnia and OSA	Jasmina Gabrijelčič
	Healthy Sleep - Non-Pharmacological Measures	Vita Štukovnik
	Discussion	
19.00	WELCOME RECEPTION	

SATURDAY 16. 3. 2024

	THE PATIENT AND SLEEP APNOEA	
8.30 – 9.15	Acceptance of OSA and CPAP Machine	Anja Simonič
	Adjusting CPAP Therapy for Non-Adherent Patients	Vesna Nikolić
	The Significance of Communication with Patients on PAP Therapy	Ditka Benedičič
	Is it Time for a Patient Society for OSA?	Adriana Jurjevec
	Discussion	
	WORKSHOPS	
9.15 – 10.30	CPAP Machine: Setup, Adjustment, and Troubleshooting	Brigita Čadež Mateja Vevar Mali
	Selecting the Right CPAP Mask	Daša Makuc Adriana Jurjevec
10.30 - 10.50	COFFEE BREAK	
	MANAGEMENT OF SLEEP APNOEA IN THE REGION	
10.50 – 12.00	TBA	TBA
	Croatia	TBA
	Serbia	Marija Vukoja
	Slovenia	Matjaž Fležar
	Discussion	
	ADVANCEMENTS IN THE TREATMENT OF OSA	
11.15 – 13.00	New Parameters for Assessing OSA	Kristina Zihel
	Multidisciplinary Approach to OSA Treatment	Vojko Didanović
	Pharmacotherapy in the Treatment of OSA	Tina Morgan
	Discussion	
13.00	CONCLUSION OF THE MEETING	